

Tools for Mentoring Adolescents:

*Especially for
Mentors and
Mentees!*

#10 What's Hot? What's Not?

Understanding each other's worlds, each other's cultures, is important for the development of a meaningful mentoring relationship. This work sheet can help you brainstorm with your mentee about "What's Hot? What's Not?" with today's youth and adults. You can share your own preferences and tastes now or when you were your mentee's age. You might find that you have some surprising similarities and/or some major differences.

	<i>What's Hot?</i>		<i>What's Not?</i>	
	Mentee's peers	Mentor's peers	Mentee's peers	Mentor's peers
Fashion				
Music				
Entertainment (Movies, books, games, etc.)				
Hairstyles				
Food				
Language (especially slang)				
Other				