

Types of Intelligences

Bodily Kinesthetic

The core elements of the bodily-kinesthetic intelligence are control of one's bodily motions and the capacity to handle objects skillfully (206). Gardner elaborates to say that this intelligence also includes a sense of timing, a clear sense of the goal of a physical action, along with the ability to train responses so they become like reflexes. In theory, people who have bodily-kinesthetic intelligence should learn better by involving muscular movement (e.g. getting up and moving around into the learning experience), and are generally good at physical activities such as sports or dance. They may enjoy acting or performing, and in general they are good at building and making things. They often learn best by doing something physically, rather than by reading or hearing about it. Those with strong bodily-kinesthetic intelligence seem to use what might be termed muscle memory - they remember things through their body such as verbal memory.

Consider majoring in: massage therapy, physical therapy, kinesiology, construction engineering, chiropractics, sports medicine, anatomy, dance, theater

Think about an internship at a: sports physician's office, athletic club, physical therapy center, chiropractor's office, construction company, surveying company, dance studio, athletic trainer, drafting firm, theater company

Look into a career as: carpenter, draftsman, recreational therapist, physical therapist, mechanical engineer, massage therapist, dancer, acrobat, exercise physiologist, actor

Intrapersonal

This area has to do with introspective and self-reflective capacities. People with intrapersonal intelligence are intuitive and typically introverted. They are skillful at deciphering their own feelings and motivations. This refers to having a deep understanding of the self; what your strengths/ weaknesses are, what makes you unique, you can predict your own reactions/ emotions.

Consider majoring in: psychology, sociology, English, finance, liberal arts, biology, computer science, economics

Think about an internship at a: research and development firm, accounting firm, computer company, publishing house, pharmaceutical company, engineering firm, biology lab

Look into a career as a: research scientist, motivational speaker, engineer, physicist, sociologist, computer scientist, economist, author, psychologist

Interpersonal

This area has to do with interaction with others. In theory, people who have a high interpersonal intelligence tend to be extroverts, characterized by their sensitivity to others' moods, feelings, temperaments and motivations, and their ability to cooperate in order to work as part of a group. They communicate effectively and empathize easily with others, and may be either leaders or followers. They typically learn best by working with others and often enjoy discussion and debate.

Consider majoring in: psychology, sociology, education, real estate, public relations, nursing, business, hotel/restaurant management, rhetoric/communications

Think about an internship at a: hotel or restaurant, travel agency, real estate agency, public relations firm, human resources, customer service, teaching assistant, marketing/sales, group counseling, social service

Look into a career as a: social worker, public relations representative, media liaison, human resources, travel agent, sociologist, anthropologist, counselor, therapist, teacher, nurse

Naturalistic

This area has to do with nurturing and relating information to one's natural surroundings.

Consider majoring in: forestry, astronomy, geology, biology, zoology, atmospheric sciences, oceanography, agriculture, animal husbandry, environmental law, physics

Think about an internship at a: museum, national park, oil company, botanical gardens environmental law firm, outward bound, adventure travel agency, zoo, camp counselor, biological research firm

Look into a career as a: farmers, gardeners, forest ranger, botanist or herbalist, geologist, ecologist, marine biologist, archaeologist, astronomer, adventure travel agent, wildlife tour guide, landscape architect

Musical

This area has to do with sensitivity to sounds, rhythms, tones, and music. People with a high musical intelligence normally have good pitch and may even have absolute pitch, and are able to sing, play musical instruments, and compose music. Since there is a strong auditory component to this intelligence, those who are strongest in it may learn best via lecture. Language skills are typically highly developed in those whose base intelligence is musical. In addition, they will sometimes use songs or rhythms to learn. They have sensitivity to rhythm, pitch, meter, tone, melody or timbre.

Consider majoring in: music, musical history, musical theory, performing arts, composition, voice, liberal arts, entertainment law

Think about an internship at a: performance hall, radio station, record label, ballet or theater company, recording studio, children's music camp, orchestra or opera company, musical talent agency, entertainment law firm

Look into a career as a: lyricist or composer, singer or musician, voice coach, music teacher or critic, record executive, conductor, radio DJ, sound engineer, entertainment lawyer

Logical-Mathematical

This area has to do with logic, abstractions, reasoning and numbers. While it is often assumed that those with this intelligence naturally excel in mathematics, chess, computer programming and other logical or numerical activities, a more accurate definition places less emphasis on traditional mathematical ability and more on reasoning capabilities, recognizing abstract patterns, scientific thinking and investigation and the ability to perform complex calculations. It correlates strongly with traditional concepts of "intelligence" or IQ.

Consider majoring in: math, accounting, physics, economics, medicine, banking/finance, astronomy, computer science, systems theory, law, chemistry, engineering

Think about an internship at a: law firm, health care office, real estate brokerage, accounting firm, animal hospital, science lab, consulting firm, pharmaceutical firm, bank

Look into a career as a: doctor, dentist, or veterinarian, accountant, pharmacist, chemist, physicist, systems analyst, investment banker, financial analyst, computer scientist

Verbal-Linguistic

This area has to do with words, spoken or written. People with high verbal-linguistic intelligence display a facility with words and languages. They are typically good at reading, writing, telling stories and memorizing words along with dates. They tend to learn best by reading, taking notes, listening to lectures, and by discussing and debating about what they have learned. Those with verbal-linguistic intelligence learn foreign languages very easily as they have high verbal memory and recall, and an ability to understand and manipulate syntax and structure.

Consider majoring in: communications, marketing, English/literature, journalism, foreign languages, linguistic theory, political science, advertising/public relations

Think about an internship at a: newspaper/magazine, network TV affiliate, publishing house, law firm, PR/marketing firm, speech therapist, ad agency, training company, human resources, customer service

Look into a career as a(n): author, playwright, journalist, TV/radio producer, literature teacher, speech pathologist, business executive, copywriter or editor

Visual/Spatial

This area deals with spatial judgment and the ability to visualize with the mind's eye.

Consider majoring in: visual arts, architecture, interior design, multimedia design, film theory, photography, art history

Think about an internship at a(n): art gallery, museum, photography studio, design firm, advertising agency, theatrical set designer, multimedia firm, architecture firm, film studio

Look into a career as a: graphic artist, photographer, architect, cinematographer, art therapist, designer, cartoonist/illustrator, art museum curator, art teacher