

Conversation Starters

1. *Who is your roommate? Where is he/she from? Do you get along?*
2. *How are you dealing with the stress of transition? Are you working out? Are you sleeping 8 hours? Are you eating healthy foods?*
3. *Did you attend the Welcome Week activities? Which one was your favorite? Why?*
4. *Have you studied your syllabi?*
5. *Have you written all tests, quizzes, and papers due dates in your planner?*
6. *Are you using your planner?*
7. *Have you investigated an intramural team?*
8. *Have you met any new friends?*
9. *Is it normal to miss home? How are dealing with homesickness?*
10. *Did you attend the Involvement Fair? What might you be interested in joining? (later into the semester)*
11. *Have you met with your advisor to discuss registration for next semester? (later in the semester)*
12. *Who is your favorite instructor?*
13. *Have you made an appointment with your instructors (even if you are doing well)?*
14. *Are you in a study group?*
15. *Have you checked out the Tutoring Center? Maybe you could tutor others; find out what you might need to do to qualify as a tutor.*
16. *Are you studying within 24 hours of going to class?*
17. *Are you using the 2:1 ratio rule (two hours of study for each credit hour)?*
18. *Do you know the resources on campus?*
19. *Are you studying out loud?*
20. *Have you created a study guide and asked your instructor to give you feedback regarding the detail in which you wrote it?*
21. *Do you study for 45 minutes or so, and then take a 10 minute break?*
22. *Do you do ongoing integrated reviews on a daily basis?*
23. *Where do you study (your dorm room is usually not a good location)?*
24. *How frequently do you study?*
25. *Do you study with a positive attitude?*
26. *Do you realize you are marvelous and magnificent?*